

Hello If you are self-isolating, I can help.

My name is
My phone number is

I live locally at

If you are self-isolating due to COVID-19 I can help with

Grocery Pick-up Providing a meal Prayer

Urgent supplies A friendly phone call

Just call or text me, and I will do my best to help you (for free)!

Coronavirus is contagious; therefore I will take every precaution to ensure I'm spreading ONLY kindness. I will seek to avoid physical contact (3-6 feet), wash hands regularly, & leave any items on your doorstep.

"Peace I leave with you; my peace I give to you. I do not give to you as the world gives.

Do not let your heart be troubled and do not be afraid." - Jesus Christ

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